



MISSION FOR THE
LOVE OF GOD
WORLDWIDE

THE DAILY SPIRITUAL GUIDELINES SUGGESTED BY THE MISSION

- Found in pages 48-49 of the Missions Manual
- A suggested approach to prayer, utilizing the sacraments and other helpful elements in the tradition.



WHAT PRAYER IS NOT

- Manipulation of God to get what we want
- It is not making God Love us
- It is not appeasing God
- Get out of jail free card



Sacrifice and offering thou dost not desire; but thou hast given me an open ear. Burnt offering and sin offering thou hast not required...I delight to do thy will, O my God; thy law is within my heart.” RSV Ps 40:6, 8



WHAT PRAYER IS

- Prayer is the raising of one's mind and heart to God or the requesting of good things from God CCC 2559
- Intimate Relationship
 - When you pray, go into your room and shut the door and pray to your Father... "Our Father who art in heaven." (RSV Mt6:6,9)
- More than Words
 - "and in praying do not heap up empty phrases as the Gentiles do; for they think that they will be heard for their many words." (RSV MT 6:7)



OFFERINGS

- Morning Prayer of the Mission
- Offer what you are doing until it becomes a habit of prayer
 - Offer work each day as a prayer for the conversion of sinners.
- Pray for the gift of daily Mass
- Pray the Sorrowful Mysteries for Conversion



EUCHARIST

- The Eucharist is “the source and summit of the Christian life” (LG11). “The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch.” (PO 5)



EUCCHARISTIC ADORATION

- *Mane Nobiscum Domine*
 - “*Stay with us Lord*” (Luke 24:29)
- Adoration (as often as possible) but as a minimum once a week.
 - 30 Minutes for the Rosary
 - 30 Minutes of Silent Prayer



CONFESSION

- Christ is at work in each of the sacraments. He personally addresses every sinner: “my son your sins are forgiven.” He is the physician tending each one of the sick who need him to cure them. He raises them up and reintegrates them into fraternal communion. Personal confession is thus the form most expressive of reconciliation with God and with the Church.
CCC 1484



DEVOTIONAL PRAYER

- Connection of the heart to God
 - Draws us into deeper relationship
 - Attains a perfection of the soul
 - Attains a death to self
 - Without these fruits it is a FALSE devotion



SUGGESTIONS ABOUT THE ROSARY

- Start Small
 - Daily Rosary
 - Sorrowful mysteries
- Work up to 3 mysteries of the Rosary
 - Always in accord with ones state in life.



THE ROSARY

- Meditation on Jesus' life in the gospels.
- Connects us to the safe refuge of the Immaculate Heart of Mary
“....**FATIMA**”
- Hail Mary's are repetitive but they are also
 - a repetition of the Incarnation
 - Mary's yes against the enemy's no
- Fruits of the True Devotion of the Rosary:
 - Death to self
 - Perfection of Soul
 - Contemplation



THE STATIONS OF THE CROSS

- Walking with Jesus the road to Calvary
- Consideration of the depths of Jesus' love
 - In the midst of his agony he loves us.
- Devotion, entering into the mystery



ST. BRIDGET PRAYERS

- 15 Prayers of St. Bridget
- Honor the Wounds of Jesus
- If we pray them by rote without the heart we are missing something.



PRAYER FOR THE HOLY SOULS

- Charity
- Help souls get to heaven
- Souls help us
 - Charity, which God rewards
 - Soul are grateful and pray for us

“Oh! If it were but known how great is the power of the good souls in purgatory with the Heart of God, and if we knew all the graces we can obtain through their intercession, they would not be so much forgotten. We must, therefore, pray much for them, that they may pray much for us.” - St. John Vianney quoted in Purgatory in Fr. F.X. Schouppe



ATTITUDES FOR LIVING OUT CONVERSION

- We Commit to
 - stop offending God
 - Cease remaining silent before evil
- Change begins with “me”
- Pray for
 - Change in Society
 - Government
- Pray for
 - Holy Souls, sick elderly



FASTING

- NOT about power or gaining hidden strength.
- Fasting changes something in us that facilitates God's work.
- Voluntary sharing in the suffering of Christ, himself and in others
- Grow in abandonment to God's will
- Trust in God not in self

*I asked your disciples to cast it out, and they were not able...Why could we not cast it out? And he said to them, "This **kind** cannot be driven out by anything but prayer and fasting."*

Mark 9:18b, 18b, 29



REVIEW

- Effective prayer flows from a living relationship with God
- Devotions do not automatically provide but **foster** a growing relationship with God
- Deepening prayer life **always** has a relationship to the sacraments.
- Prayer is Work
 - We have to work at praying well.
 - Start praying and let God teach you.

*Therefore, since we are surrounded by so great a cloud of witnesses...let us run with perseverance ...looking to Jesus the pioneer and perfecter of our faith”
Hebrews 12:1-2*



- The Morning Prayer of the Mission
- Offer work
- Pray for gift daily mass
- Daily Rosary
- Adoration
- Confession
- Fasting twice a week
- St. Bridget Prayers
- Stations of the Cross
- Commit to Personal Change
- Pray for society/change in society
- Pray for souls in Purgatory
- Pray for the Church and for sinners
- Pray to Love God with all Heart, all your soul, and all your mind, then, pray to love one another



SUGGESTED WORKS

- The Secret of the Rosary, St. Louis de Montfort
- Introduction to the Devout Life, St. Francis de Sales

